

HomePointe™

▪ *Recipe Card* ▪



Our Mini-Dreams

Best Use

As a date night discussion guide

Nutritional Value

Nurtures a pattern of fun dates and creative times for couples to connect with each other throughout the year

Advance Preparation

- Schedule a dinner or coffee date within the next few weeks
- Listen to the 30 minute *Intentional Summer* audio (free at the HomePointe Center or homepointe.org) to better understand the importance of creating a mini-dreams list
- Each spouse check at least 3 items found on the reverse side he or she would like to do together

During The Date

1. Each spouse takes turns sharing their top 3 choices
2. Spend some time dreaming up other things to do together
3. Plan and schedule two additional dates – taking turns selecting from this list to start mini-living your mini-dreams

Mini-Dreams Activities

Check all that you would enjoy doing with your spouse.

- Go to the Arboretum/park, have picnic, take pictures
- Go bowling
- Go to a museum
- Find new games to play together
- Cooking class
- Go dancing
- Camp out-in the house, in the backyard, real camping
- Movie marathon
- Go to the zoo
- Find a new hobby together
- Go to a concert
- Have a progressive dinner for a date night
- Make mixed tapes/cds for each other
- Put a puzzle together
- Find a drive in movie or have your own in your backyard
- Find a way to serve others together
- Go on walks
- Go play on a playground
- Work in the yard together, garden
- Go through old pictures, share wonderful memories
- Go to the library
- Put together your family tree
- Go on a road trip
- Try a new restaurant
- Meet a new neighbor; bring them goodies that you bake together
- Go roller-skating
- Play putt putt
- Go horseback riding
- Do random acts of kindness for each other and together for others
- Have a carwash day
- People watch
- Eat on your good china
- Plant a tree together
- Pick fruit (blueberries/peaches) and make something with the fruit
- Make coupon books for each other
- Random appearances at someone's house (with a gift or something you bake together)
- Go to a musical
- Have a massive food fight or water fight
- Go on a scavenger hunt; make scavenger hunts for each other
- Go spend money (preset) on each other or have "pretend" money and then show what you would buy
- Go to the IMAX
- Take a photography class
- Go fishing
- Create our own game
- Build a fire, make smores
- Rent old favorite movies the other has not seen
- Star gaze
- Go to the Aquarium
- Go fly a kite
- Ride go-carts
- Build something together
- Go to a video arcade
- Go to sports games
- Run through the sprinkler
- Do fun day trips to small towns
- Ride bikes or find some trails to hike
- Go bird watching
- Start a collection of something together
- Take turns planning a date night/surprising each other
- Make a list of compliments for your spouse, share them with each other
- Find a new recipe, go to the grocery store and cook it together
- Take your spouse to do something they love to do and enjoy watching them enjoy it
- Spend time praying for each other/sharing what the Lord is teaching you

- _____
- _____
- _____